



CHAY YA |

ASSOCIATION FOR POVERTY ALLEVIATION  
EDUCATION, HEALTH & LIVELIHOOD  
IN THE HIMALAYAS

# Project Report | 2016



Chay Ya Nepal is a non-profit organization, working closely with mountain communities in Nepal to identify their needs and develop viable economic, environmental and social solutions. The project activities include education for children, building basic health care systems, environmental conservation, entrepreneurship development and immediate humanitarian relief.

Chay Ya network is established in Austria, Nepal, Switzerland and the USA.



## **Project Report 2016**

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# Message from Chay Ya



Dear friends and supporters of Chay Ya,

After the terrible earthquakes in 2015 we have all been taken a back. Only due to your support and our great network in Nepal, we have been able to assist more than 3000 families in eight districts with the essentials for their survival. Besides this quick emergency response, one of the main topics last year has been the rebuilding of schools and health posts. Good education and health care are a very important driving force for social and economic development of a society.

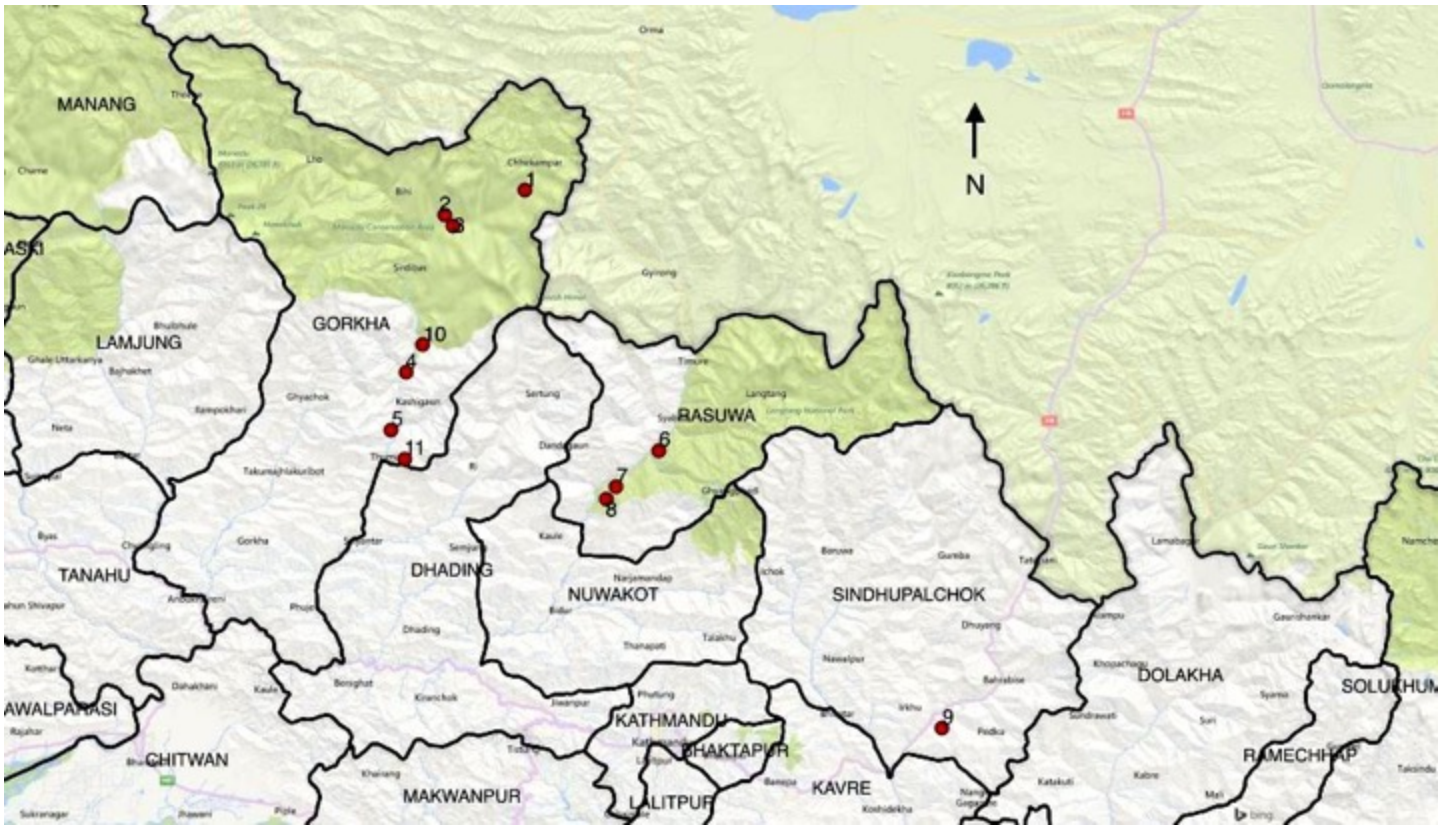
Chay Ya believes that the backbone of a strong society is a good education system. It not only enables people to get a well-paid job to support their families but it's also a window to so many other positive changes - lower birth rates, women-empowerment, reduction of violence against women, reduction of child marriage and improvement of sanitation and hygiene.

Our projects provide a better, healthier and longer life for many mountain communities - especially for children, disabled, sick or elderly people - we help them to empower themselves and make their own decisions.

Thank you very much for your patronage and for helping us to help!

Ms. Sabine Klotz  
Chairwoman  
Chay Ya, Austria

Mr. Kamal Thapa  
Executive Director  
Chay Ya, Nepal



School Reconstruction and Rehabilitation Project Locations of Chay Ya

## A. School Reconstruction and Rehabilitation

Basic education for children is the strength for a community as it helps to alleviate poverty by helping poor people to improve their livelihood. Children and youth with basic skills and knowledge can read and handle numbers, which gives them access to information and thinking processes that provide them with more choices about how to live in their families and in the community. In the 2015 earthquake, schools, which impart knowledge to the society, were most affected. The School Reconstruction and Rehabilitation projects in Gorkha, Rasuwa and Sindhupalchok were

implemented in coordination with the National Reconstruction Authority, Department of Education and District Education Office and partner organizations. In this project, Chay Ya provided technical assistance that included demonstrating “people-centric, cost-effective, environment-friendly school buildings and to prepare a strategy incorporating earthquake resistant techniques in semi-permanent and permanent building reconstruction” while ensuring sustainable livelihoods and habitats for earthquake affected communities.



## Status of School rebuilding projects

### Completed:

1. Shree Buddha Primary School, Lar, Chhekampar-6, Gorkha
2. Shree Chumling Primary School, Simje, Chumchet-3, Gorkha
3. Shree Shiva Primary School, Kerauja Besi, Kerauja-3, Gorkha
4. Shree Sipchet Primary School, Sipchet, Chumchet, Gorkha
5. Shree Ganga Jamuna Lower Secondary School, Lapu-3, Gorkha
6. Shree Bhimsen Lower Secondary School, Thulo Bharkhu, Syafru-4, Rasuwa
7. Shree Saraswati Lower Secondary School, Thade, Dhunche-1, Rasuwa
8. Shree Grang Primary School, Grang, Ramche-3 Rasuwa
9. Shree Ganesh Higher Secondary School, Yamnuna Danda-3, Sindhupalchok

### Planned:

10. Shree Bal Kalyan Primary School, Patlekharka, Manbu-3, Gorkha
11. Shree Ichchha Lower Secondary School, Hulchowk, Kerauja-8, Gorkha



## Community Participation

During our school reconstruction project, there was an active participation of local people. They provided at least five days of free labour and helped collecting local construction materials such as stones, wood, sand etc. Some helped with the transportation of CGI sheets and cement.

The labour migration for foreign employment is one of the main issues in Nepal. This adds difficulty in finding skilled human resources. However, Chay Ya managed to find manpower to build schools in the mid hills and mountain regions of Nepal.





## B. Chhekampar Birthing Center and Outreach Clinic

Being one of the most beautiful and isolated places in the world, the Nepalese Himalaya also poses a threat for its inhabitants in terms of basic health care services. Living in the Tsum Valley means that it takes days to reach the doctor. Locals lack basic health facilities and maternal services. Antibiotics and other medicines aren't available. One small cut can lead to blood poisoning, giving birth is highly challenging and even the flu can be fatal.





Given this scenario, Chay Ya has built a Birthing Center and Outreach Clinic in Chhekampar VDC-6, Lar, Gorkha in association with Scouts of Austria, Medi Himal, Government of Austria and YONSED.

The Birthing Centre building is a single-storied dry stone with timber tie-beam construction, located in the center of Chhekampar VDC.

Health center was inaugurated on 28 October 2016 by District Public Health Officer- Gorkha, Mr. Kedar Raj Parajuli . The main objective of the center is to provide basic primary and maternity health services to the local people.



# C. Sports Project

The major aim of the Tsum Valley Schools Sports Project is to teach and train sports activities to the school children residing in the remote and rural Himalayan regions of the Tsum Valley, Northern Gorkha, Nepal. It also aims to sensitize parents about the importance of physical education and increase enrollment of kids into the schools. Tsum Valley Schools Sports Project helped to divert and recover children's minds from the traumatic events of the recent devastating earthquake in Nepal on 25 April and 12 May 2015. The Sports Project has empowered and sensitized women, especially girls, to come forward and lead. Many girls in schools are participating and competing with boys in sports.





The sports teachers in the schools in the Tsum Valley reported that the Sports Project played a vital role in increasing the number of students in primary schools in the Tsum Valley. The Sports Project indirectly delivered increased awareness among the parents to admit their kids to school and it will help to increase enrollment in the coming year as well. The project indirectly increased local peoples interest in sports and a healthy lifestyle. The Sports Project includes sports such as football, volleyball, badminton, athletics, and physical training exercises in Tsum Valley Schools.



# D. Free Health Camp

## Dolpa

In Dolpa, five Health Camps were conducted on the way from Jhufal to Phoksundo where 650 patients got free checkup. Although some health posts already exist in the area of lower Dolpa, there is either none or only poorly trained staff in charge of these posts.

Many patients suffered from chronic respiratory diseases, widespread and inflamed wounds and nausea as well as low blood pressure due to dehydration. Furthermore we discovered that STDs are widely spread in this area and some patients were urgently recommended to visit the next hospital because of suspected tuberculosis.



## Gorkha

Chay Ya team along with its local NGO partner conducted a Free Health Camp in Gorkha District. This health camp benefited people lacking basic health care facilities and medicine. Since 2012, a team of doctors and nurses yearly visits the villages of Gorkha. Mules carry necessary medicines needed for the camp. We have to walk for days to reach the villages with aid supplies like medicine, water filters, school materials and warm clothing for the children.

Every year around 700-800 patients receive medical care through Chay Ya. At the same time over 400 children get school supplies like backpacks, warm clothing, books and stationaries.



## Rasuwa

Despite continuous aftershocks and huge landslides, Chay Ya team along with its local NGO partner LACCoS successfully conducted a Health Camp in various VDCs of Rasuwa in 2015. District Health Office, Dhunche, also supported the health camp. Healthy life is the most essential need for a progressive society. However, most of the VDCs of Rasuwa lack proper medicines and regular health care.

Chay Ya and LACCoS conducted a Health Camp for 10 days with general physician doctors, a dentist, nurses and some health assistants with medicines for various diseases. A total of 1100 people of all age groups got free checkup in this camp where there were noticeably more female than male patients.





## E. Humanitarian Support

A 7.8 magnitude earthquake triggered on 25 April 2015, followed by many aftershocks caused devastation in mid hills and mountain of Nepal. Almost 9,000 people have been killed, with more than 22,000 people injured. Nearly 800,000 houses have been destroyed or damaged, along with 30,000 classrooms, government offices and heritage sites.

Chay Ya operated relief distribution after this devastating earthquake in the most severely hit districts of Nepal. Its staffs were immediately deployed on relief support, cooperating with local partner organizations in the remote communities in highly affected districts for distributing relief aid materials to more than 3000 families.





The organization distributed immediate humanitarian aid following the disaster, such as food supplies, clothes and blankets, CGI sheets, tents and tarpaulins for temporary settlements. The earthquake damaged most of the rural roads and aftershocks were re-occurring. The motivated Chay Ya team carried out relief support, travelling on rough, damaged road routes in severely devastated districts of Nepal. It carried out the relief aid support in the 8 extremely earthquake-hit districts of Gorkha, Sindupalchowk, Rasuwa, Kavrepalanchowk, Dolakha, Lalitpur, Bhaktapur and Kathmandu.



# F. Volunteering Program

Depending upon the projects that are underway, we mobilize volunteers for a variety of tasks, including reconstruction, teaching or even medical related work. 18 volunteers from Austria, Australia, Germany, Poland, Switzerland, UK, Uruguay and the USA have served to date.



# H. Workshop and Training Support for Disabled Students

Chay Yu has organized workshops on "Reconstruction of Earthquake Damaged Schools: Challenges and Opportunities".

SUPA Inclusive Primary School has been established in Godawari municipality-2, Attaria, Kailali district. Similarly two teachers' trainings were organized to empower teachers from rural mountains on earthquake preparedness, water, sanitation and hygiene in the far western region of Nepal.



# Our Partner Organizations



## Contact us for more information

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